



RESTORATIVE PRACTICE

Restoration is a mindset, not a mechanical fix. Its simple, sandbox-level tools can heal alienation, restore human connection and reknit the frayed fabric of community.

~Julia Steiny, Youth Restoration Project Founder~

RESTORATIVE PRACTICES ...

- *Work with diverse groups to resolve conflicts and build healthy relationships and community norms.*
- *Promotes “community” safety, accountability, learning, & positive change.*

CORE PRACTICES

- **Circle Up**
Regularly engage your community—family, friends, colleagues. Speak from the heart. Listen carefully.
- **Questions**
Shift from statements to questions.
- **Emotions with “I”**
Handle your own emotions responsibly. Own them. Use “I” statements.

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