

We all need a little **REST**

Resources **E**ducation and **S**upport **T**ogether:

Empowering families through access to education, training and resources with compassionate and caring support!

**ONLINE MEETINGS BEGINNING IN FEBRUARY
PLEASE VISIT OUR WEBSITE FOR DETAILS**



Please join us

Mondays @ 7:00 pm

Location:

First Congregational Church

300 High St.

Bristol, RI 02809

DeWolf Room

Wednesdays @ 6:00 pm

Location:

Parent Support Network

535 Centerville Road

Warwick, RI 02886

Suite 202

For more information please call:

John @ 401-868-1516 or Laurie @ 860-952-4966

Find us on line: www.resthelps.org

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REST is a member agency of the Family Task Force

The Family Task Force
Saving Lives, Ending Stigma 