



**Lifespan  
Community Health Institute**

*Delivering health with care.™*

# Emergency Resource Guide

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## Your Community Guide to Access

*The resources and documents within this guide are composed of various organizations and resources by State, community and faith based agencies dedicated to the Rhode Island community. This is not endorsed by the Lifespan Health System.*

# **EMERGENCY RESOURCES**

## **National Grid**

### **Electric Shut-off**

1-800-465-1212 if you have been shut-off and need electric turned on immediately. **Your electricity will only be turned on three times in case of emergency.** After that you need a doctor's note stating if there is a health need as to why your electric needs to stay on. You need to register with National Grid and/or the Rhode Department of Health for the forms needed to state there is medical situation.(medical equipment, newborn, etc...)

**Please click here [National Grid Medical Form](#)**

1-800-3223 customer service (pay bill, set up plan)

Consumer Advocate Name & Number:

For assistance in a shut-off please contact:

Roxanne M Sousa

Senior Advocate

National Grid Consumer Advocacy & Low Income RI

401-784-7158 Business

315-460-8453 Fax

[roxanne.sousa@nationalgrid.com](mailto:roxanne.sousa@nationalgrid.com)

[ConsumerAdvocateNE@nationalgrid.com](mailto:ConsumerAdvocateNE@nationalgrid.com)

Or the Health department Emergency preparedness to fill out this form:  
RIDOH Special Needs

### **George Wiley Center**

Fights to stop utility shut-offs. If you receive a termination notice or are currently shut off, call us (401-728-5555) to find practical support, how to exercise your rights as a utility customer, and ways to prevent shut-off.

Website <http://www.georgewileycenter.org>

## **Gas**

### **Gas leak and gas emergencies**

1-800-640-1595

We're here 24 hours a day, every day of the year.

### **Customer support:**

1-800-322-3223

### **Hearing/speech-impaired customers:**

1-800-870-1664 ext.711

## **Oil and other Heating Assistance Programs**

- **JOE-4-OIL**

The Citizens Energy Oil Heat Program works to provide struggling families with financial assistance.

**Contact Information:** Call 1-877-JOE-4-OIL (1-877-563-4645)

- **Good Neighbor Energy Fund**

The Good Neighbor Energy Fund is a cooperative effort between Rhode Island's gas, electric and oil companies and the United Way of Rhode Island. The effort helps people in financial crisis to pay their energy bills after they have failed to qualify or have been turned away from other federal and state energy assistance programs. Please call for assistance or visit website at

<http://www.rhodeislandgoodneighbor.org/>

- **Keep the Heat On**

The Archdiocese of Providence sponsors the "Keep the Heat On" Challenge, which helps heat the homes of those who have exhausted all other public and private resources and with no place left to turn for assistance with their heating bills.

**Contact Information:** Call 401-421-7833 x. 207

<http://www.heatri.com/contact/>

- Roman Catholic Diocese of Providence  
Office of Catholic Charities & Social Ministry  
Keep the Heat On  
One Cathedral Square  
Providence, RI 02903

401/421-7833

KTHO@dioceseofprovidence.org

You may also contact a satellite office for heating assistance:

- **PROVIDENCE & NEWPORT COUNTY**

Cities: Barrington, Bristol, Cranston, East Providence, Foster, Johnston, North Providence, Providence, Scituate, Warren, Jamestown, Little Compton, Middletown, Newport, Portsmouth, Tiverton:

401/421-7833

Monday – Friday; 8:30AM – 4:30PM

- **WASHINGTON COUNTY**

Cities: Charlestown, Exeter, Hopkinton, Narragansett, North Kingstown, Richmond, South Kingstown, Westerly

401/783-3149

Tuesday & Wednesday, 9AM – 3PM

Thursday 9AM.-2PM

- **KENT COUNTY**

Cities: Coventry, East Greenwich, Warwick, West Greenwich, West Warwick

401-823-6211

Monday & Wednesday 9AM-4PM Saturday, 9:00AM – 12:00PM Food distribution (all are welcome)

- **WOONSOCKET**

Cities: Woonsocket, Burrillville, Glocester, North Smithfield, Smithfield

401/762-2849

Mondays & Wednesdays 9AM-4PM

- **PROJECT HOPE, PAWTUCKET**

Cities: Central Falls, Pawtucket, Lincoln, Cumberland

401/728-0515

Monday – Friday, 8:30AM -4:30PM

- *All application interviews by appointment only. Please contact the office by phone to schedule an appointment.*

## State of Rhode Island Energy Resources

### ***Community Action Programs near you that offer heating assistance***

#### **LIHEAP**

LIHEAP (Low Income Home Energy Assistance Program) is a vital resource for many in Rhode Island, offering monetary assistance for heating expenses in the winter. For information on how to sign up for a LIHEAP grant, call or visit your local CAP (Community Action Program) agency, or visit the LIHEAP web page for contact information for your local CAP near you.

#### ***Other Shopping Options***

***Even if you are not eligible for assistance programs, you may be able to reduce your heating costs or spread them out over the year.***

- **Oil Co-op**

Oil co-ops like People's Power and Light often save their members money on their oil.

- **Budget Payment Plan**

- <https://www1.nationalgridus.com/BudgetPlan>
- Pascoag Utility District,

### **Legal Resources and Assistance**



#### **[Download Legal Resources Guide](#)**

Rhode Island Center for Justice  
Roger Williams University School of Law: Legal Clinics  
Homeless Legal Clinic  
Open Doors  
Rhode Island Office of Mental Health and much more...

## **EMPLOYMENT RESOURCES**

### **Temporary Caregiver Insurance**

The Temporary Caregiver Insurance program (TCI) provides up to four (4) weeks of wage replacement benefits to workers who need to be out of work in order to care for a seriously ill child, spouse, domestic partner, parent, parent-in-law or grandparent or to bond with a newborn child, adopted child, or foster child

The TCI program, administered by the Department of Labor and Training's (DLT) Temporary Disability Insurance Division, is financed entirely by employee payroll deductions (workers aged 14 and 15 are exempt from wage deductions and coverage). Monetary eligibility requirements for TCI are the same as for Temporary Disability Insurance. Claimants must have worked in RI and paid into the TDI fund. An individual may be eligible to receive up to four weeks of TCI benefits during a "Benefit Year Period," (52 consecutive weeks on the calendar).

For more information, visit: [www.dlt.ri.gov/tdi](http://www.dlt.ri.gov/tdi)

## **HOUSING ASSISTANCE**

**Updated February 29, 2016**

For updates please visit:

[www.rhodeislandhousing.org](http://www.rhodeislandhousing.org)

### **Rhode Island Housing Rental Guide**

[RI Rental Resource Guide English](#)

[RI Rental Resource Guide Spanish](#)

### **Rhode Island Coalition for the Homeless**

[RI Shelter Guide 2015](#)

For updates please visit:

[www.rhomeless.org](http://www.rhomeless.org)

## **RESOURCE GUIDES**

[Tri-Town Community Action Agency Resource Book](#)

[Economic Progress Institute Family Assistance](#)

[Resources for Seniors](#)

## **Food and other Basic Necessity Resources**

Updated January 2016  
For updates please visit  
[www.rifoodbank.org](http://www.rifoodbank.org)

### **Barrington**

Tapin

281 County Road

Barrington, RI 02806

Phone (401)247-1444

Service: Pantry

Hours / Comments: M-F 9am-12pm. East Bay area only. Located below library.

### **Bristol**

East Bay Food Pantry

150 Franklin Street

Phone (401) 396-9490

Wed. 10am-5pm & produce only Friday 10am-3pm (Wood Street Entrance). Handicap Accessible

## **Burrillville**

SVDP Our Lady of Good Help

1063 Victory Highway

Burrillville, RI 02839

Phone Number: (401)762-1834

Service: Pantry

Hours / Comments: 2nd & 4th Tue of month; 10-11am seniors & 6-7 everyone else in service area.

## **Carolina**

New Hope Pantry

80 Richmond Townhouse Road

Carolina, RI 02812

Phone Number: (401)539-4673

Services Chariho area

Hours/Comments: Open Mondays 9:30am-11:00am & Fridays 6:30pm-8:00pm. Handicap Accessible

## **Central Falls**

St. George Episcopal Pantry

12 Clinton Street

Central Falls, RI 02863

Phone Number: (401)722-9449

Service: Pantry

Hours / Comments: Open on Fridays from 9:00am-12:00pm.

Central Falls Food Pantry at Progreso Latino

626 Broad Street

Central Falls, RI 02863

Phone Number: (401)728-5920

Service: Pantry

Hours / Comments: M, W, F 1:30-4:30. Please call to make an appointment. Central Falls residents; Handicapped Accessible.

## **Charlestown**

RI Center Assisting Those in Need

805 Alton Carolina Road

Charlestown, RI 02813

Phone Number: (401)364-9412



Service: Pantry

Hours/Comments: Open Wednesdays 9:30-11:30am & 6:30pm-7:30pm, Thursdays 9:30am-11:30am and Fridays 2:00pm-3:00pm. Open for emergencies during office hours. Office hours are Mondays-Fridays 9:30am-3:30pm. Handicap Accessible

### **Chepachet**

Chepachet Union Church

1138 Putnam Pike

Chepachet, RI 02814

Phone Number: (401)568-2518

Service: Pantry

Hours/Comments: Open from 10:00am-12:00pm on every 1<sup>st</sup> and 3<sup>rd</sup> Saturday of each month. Handicap Accessible. Door is on the right side of the building

### **Coventry**

Coventry Friends of Human Services

191 MacArthur Boulevard

Coventry, RI 02816

Phone Number: (401)822-9199

Service: Pantry

Hours/Comments: Open on Tuesdays from 1:00pm-4:00pm, Wednesdays from 9:00am-12:00pm, and Thursdays from 12:00pm-4:00pm. Coventry only. Please call for appointment; Handicap Accessible

### **Cranston**

Edgewood Pawtuxet Food Closet: Transfiguration Church

1665 Broad Street

Cranston, RI 02905

Phone Number: (401)461-3146

Service: Pantry

Hours / Comments: Open Tuesdays, Fridays 9:00am-10:45 am, Wednesdays 5:00pm-6:15 pm (serve Edgewood-Pawtuxet only); clients can come 2x/mo; Handicapped Accessible.

Comprehensive Community Action Program

311 Doric Avenue  
Cranston, RI 02910  
Phone Number: (401)467-9610  
Service: Pantry  
Hours / Comments: Open Mondays-Fridays from 10:00am-1:00pm and  
Wednesdays from 4:00pm-6:00pm; Handicapped Accessible.

Haitian Baptist Church of Rhode Island  
12 Lincoln Avenue  
Cranston, RI 02920  
Phone Number: (401)944-1440  
Service: Pantry  
Hours / Comments: Fridays 10-12pm entrance in back (Grant Ave.)\

SVDP Emergency Food Center  
181 Princess Avenue  
Cranston, RI 02920  
Phone Number: (401)946-5291  
Service: Pantry  
Hours / Comments: M W & Sat. 9-12; serves 02920; Handicapped  
Accessible.

### **Cumberland**

Lighthouse Community Outreach  
30 Meeting Street  
Cumberland, RI 02864  
Phone Number: (401)725-0335  
Service: Pantry  
Hours / Comments: Mon. 5:00-7:00 pm (located in Cadillac Mills); if a  
holiday, open on Tues. instead; Serving Cumberland, Lincoln, North  
Smithfield; Handicapped Accessible.

Northern Rhode Island Food Pantry  
10 Nate Whipple Highway  
Cumberland, RI 02864  
Phone Number: (401)347-5714  
Service: Pantry  
Hours/Comments: Open on the 3<sup>rd</sup> Saturday of the month from 10:00am-  
12:00pm. Pantry is located in the 2<sup>nd</sup> small white house on the right, before  
the bus terminal

## **East Greenwich**

East Greenwich Interfaith Food Cupboard

99 Peirce Street

East Greenwich, RI 02818

Phone Number: (401)884-4116

Service: Pantry

Hours/Comments: Open on Mondays, Wednesdays, and Fridays from 10:30am-12:00pm (at St. Luke's Church). Handicap Accessible

## **East Providence**

East Bay Community Action Program Pantry

100 Bullocks Point Avenue

East Providence, RI 02915

Phone Number: (401)437-1000

Service: Pantry

Hours / Comments: Mon. & Fri. 10-2, Tues. & Thurs. 12- 4:00, Wed. 10-2:00 & 4-6:00 pm; Handicapped Accessible.

## **Foster**

St. Paul the Apostle Church

116A Danielson Pike

Foster, RI 02825

Phone Number: (401)647-3664

Service: Pantry

Hours/Comments: Open every other Saturday from 10:00am-11:30am. (Typically on the 2<sup>nd</sup> and 4<sup>th</sup> Saturday of the month) Please call for the exact schedule; Pantry is on the right of the church; enter through the double doors in front. Handicap Accessible

## **Greenville**

SVDP St. Philip Food Pantry

620 Putnam Pike

Greenville, RI 02828

Phone Number: (401)949-2949

Service: Pantry

Hours/Comments: Open on Wednesdays from 1:00pm-3:00pm and every Saturday from 9:00-10:30am. Serves all of Smithfield and nearby Johnston, Harmony, No. Scituate, & No. Providence. Handicap Accessible

## **Harrisville**

St. Patrick Food Closet

45 Main Street

Harrisville, RI 02830

Phone Number: (401)568-5600

Service: Pantry

Hours/Comments: For Burrillville residents. Open every other Monday from 5:30pm-7:00pm. Please call first. (Note: open Tuesdays if Monday is a holiday)

## **Johnston**

St. Robert Food Closet

1804 Atwood Avenue

Johnston, RI 02919

Phone Number: (401)231-4987

Service: Pantry

Hours/Comments: Open on Thursdays from 9:30am-12:00pm. Johnston residents only

## **Lincoln**

Lime Rock Baptist Church

1075 Great Road

Lincoln, RI 02865

Phone Number: (401)334-2999

Service: Pantry

Hours/Comments: Open every other Saturday from 9:00am-11:00 (starting 9/27/14) and for Lincoln residents ONLY every other Tuesday from 6:00pm-7:00pm (starting on 9/30/14); Handicap Accessible

## **Little Compton**

Little Compton Assistance Association

115 East Main Road

Little Compton, RI 02837

Phone Number: (401)699-7112

Service: Pantry

Hours/Comments: Open on Fridays and Saturdays from 9:00am-11:00am for Little Compton and Tiverton residents. It is located in the rear of the Wellness Center. Handicap Accessible.

### **Mapleville**

Burrillville SDA Shepherd's Food Pantry

854 Victory Highway, P.O. Box 186

Mapleville, RI 02839

Phone Number: (401)568-5255

Service: Pantry

Hours/Comments: Open on the last Tuesday of every month from 5:30pm-6:30pm

### **Narragansett**

St. Peter by the Sea

72 Central Street

Narragansett, RI 02882

Phone Number: (401)783-4623

Service: Pantry

Hours/Comments: Open on Fridays from 4:00pm-6:00pm. Handicap Accessible

### **Newport**

Boys and Girls Club of Newport Florence Gray Pantry

1 York Street

Newport, RI 02840

Phone Number: (401)619-1949

Service: Pantry

Hours/Comments: Open on Tuesdays from 8:30am-4:30pm; Handicap Accessible

Community Baptist Church- Community Grocer

40 Dr. Marcus Wheatland Boulevard

Newport, RI 02840

Phone Number: (401)847-1707

Service: Pantry

Hours/Comments: Open on Saturdays from 12:30-2:30pm

Community Baptist Church Meal Site  
40 Dr. Marcus Wheatland Boulevard  
Newport, RI 02840  
Phone Number:(401)847-1707  
Service: Meal Site  
Hours/Comments: Open on Saturdays from 4:30-5:30pm; Handicap  
Accessible

East Bay Community Action Newport  
19 Broadway  
Newport, RI 02840  
Phone Number: (401)847-7821  
Service: Pantry  
Hours/Comments: Open on Mondays from 11:00am-4:00pm, Tuesdays  
9:00am-2:00pm, Wednesdays 12:00pm-4:00pm and Thursdays 1:00pm-  
7:00pm. Handicapped Accessible

Martin Luther King Center Meal Site  
20 Dr. Marcus Wheatland Boulevard  
Newport, RI 02840  
Phone Number: (401)846-4828  
Service: Meal Site  
Hours/Comments: Breakfast is Mondays-Fridays from 7:30am-8:30am.  
Closed for weather when Newport schools close; Handicapped Accessible

Martin Luther King Center Pantry  
20 Dr. Marcus Wheatland Boulevard  
Newport, RI 02840  
Phone Number: (401)846-4828  
Service: Pantry  
Hours/Comments: Open on Mondays and Fridays from 10:00am-2:00pm  
and Wednesdays from 10:00am-2:00pm & 4:00pm-6:30p. Handicap  
Accessible

Salvation Army Newport Corps Food Pantry  
51 Memorial Boulevard  
Newport, RI 02840  
Phone Number: (401)846-3234

Service: Pantry

Hours/Comments: Open on Mondays, Wednesdays and Fridays 9:00am-2:00pm. Bread is available only on Mondays-Thursdays 11:00am-2:00pm. Closed on Saturdays; Handicapped Accessible

Salvation Army Newport Corps Meal Site

51 Memorial Boulevard

Newport, RI 02840

Phone Number: (401)846-3234

Service: Meal Site

Hours/Comments: Open on Fridays from 4:00pm-6:00pm and Sundays 4:00pm-5:00pm. Handicap Accessible

St. Joseph Church Food Pantry

5 Mann Avenue

Newport, RI 02840

Phone Number: (401)847-0065

Service: Pantry

Hours/Comments: Open on Tuesdays-Fridays from 10:00am-12:00pm

### **North Kingstown**

Family Service of RI Food Pantry

415 Tower Hill Road

North Kingstown, RI 02852

Phone Number: (401)667-7502

Service: Pantry

Hours/Comments: Open on Mondays-Fridays from 9:00am-5:00pm. Handicapped Accessible

North Kingstown Food Pantry

445 School Street

North Kingstown, RI 02852

Phone Number: (401) 885-3663

Service: Pantry

Hours/Comments: Open on Mondays-Fridays from 10:00am-2:00pm, (Please call first to make an appointment) Thursdays from 4:00pm-6:00pm and the last Saturday morning of the month (as needed or by appointment) North Kingstown residents only; Handicapped Accessible.

## **North Providence**

Embassy of Christ Church Food Pantry

649 Woonasquatucket Avenue

North Providence, RI 02911

Phone Number: (401)580-4215

Service: Pantry

Hours/Comments: Open on Tuesdays from 6:00-8:00pm and every 3<sup>rd</sup> Saturday from 9:00am-12:00pm. Park and enter on Woonasquatucket Ave. side of the church; Handicapped Accessible

Tri-County Community Action Agency Economic Opportunity Committee

11 Emanuel Street

North Providence, RI 02911

Phone Number: (401)519-1916

Service: Pantry

Hours/Comments: Open on Mondays-Fridays from 9:00am-3:00pm; Serves No. Providence, Johnston, Smithfield, No. Smithfield, Burrillville, Gloucester, Handicapped Accessible (Formerly Tri-Town & South County Community Action Agencies)

Allendale Baptist Church

545 Woonasquatucket Avenue

No. Providence RI 02911

Phone Number: (401)231-7669

Service: Pantry

Hours/Comments: Open on the 3<sup>rd</sup> Saturday of the month from 9:00am-11:30am and the 2<sup>nd</sup> Wednesday of every month from 5:00pm-6:30pm (non-perishables only on Wednesdays); Handicapped Accessible. Enter through side of the building)

## **North Scituate**

Scituate Food Pantry

1315 Chopmist Hill Road

North Scituate, RI 02857

Phone Number: (401)647-2768

Service: Pantry



Hours/Comments: Open on Fridays from 9:00am-12:00pm. Please call first to accommodate, appointments can be arranged; Handicapped Accessible

Trinity Episcopal Church  
251 Danielson Pike  
No. Scituate, RI 02857  
Phone Number: (401)647-2322  
Service: Pantry

Hours/Comments: For Scituate, Foster and Gloucester residents only. Open each Thursday from 9:00am-11:00am. Clients can come once a month; Also available as needed for emergencies- call first; Handicapped Accessible

### **Pawtucket**

Blackstone Valley Community Action Program  
210 West Avenue  
Pawtucket, RI 02860  
Phone Number: (401)723-4520  
Service: Pantry

Hours/Comments: Open on Mondays-Fridays from 9:00am-3:30pm. Handicapped Accessible

Casa De Oracion Getsemani  
38 Park Street  
Pawtucket, RI 02860  
Phone Number: (401)725-5010  
Service: Pantry

Hours/Comments: Open on Saturdays from 9:00am-11:00am. On the border of Central Falls and Pawtucket; Pantry entrance is on Fountain Street

Church of the Good Shepherd  
490 Broadway  
Pawtucket, RI 02860  
Phone Number: (401)723-0408  
Service: Pantry

Hours/Comments: Open on Saturdays 1:00pm-2:00pm; Handicapped Accessible

Covenant Congregational Church

143 Glenwood Avenue

Pawtucket, RI 02860

Phone Number: (401)724-8546

Service: Pantry

Hours/Comments: Open on Wednesdays from 6:00p-7:00pm

First Baptist Church of Pawtucket

91 Cottage Street

Pawtucket, RI 02860

Phone Number: (401) 725-7225

Service: Pantry

Hours/Comments: Open on Thursdays 9:00am-12:00pm. Closed on the 1<sup>st</sup> Thursday of the month. Please call in advance for an appointment. Guests can come once a month

Holy Family Parrish

195 Walcott Street

Pawtucket, RI 02860

Phone Number: (401) 724-9190

Service: Pantry

Hours/Comments: Open on the 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of the month. Open from 9:00am-11:00am. Clients can come twice a month. Entrance is through the parking lot door; Handicapped Accessible

Living Hope Assembly of God

100 Broadway

Pawtucket, RI 02860

Phone Number: (401) 723-2039

Service: Pantry

Hours/Comments: Open on the 2<sup>nd</sup> and 4<sup>th</sup> Saturday of every month from 10:00am-11:00am. Handicapped Accessible

Salvation Army Pawtucket Corps' Food Pantry

102 High Street

Pawtucket, RI 02860

Phone Number: (401) 723-9533

Service: Pantry

Hours/Comments: Open on Thursdays from 9:00am-12:00pm. Guests can come in two times a month. Handicapped Accessible

**St. John the Baptist Food Pantry**

69 Quincy Avenue

Pawtucket, RI 02860

Phone Number: (401) 722-9054

Service: Pantry

Hours/Comments: Open on the last two weeks of the month on Mondays 9:30am-11:00am & 6:00pm-7:00pm and Wednesdays 9:30-11:00am.

Pantry entrance is in the rear of the church (near corner of Bullock and Capitol St.

**St. Matthew Trinity Lutheran Food Pantry**

690 Newport Avenue

Pawtucket, RI 02860

Phone Number: (401)723-5632

Service: Pantry

Hours/Comments: Open on Thursdays and Fridays from 9:00am-12:00pm and the 2<sup>nd</sup> and 4<sup>th</sup> Sunday from 11:00am-12:00pm. Serves Pawtucket and Central Falls residents. Handicapped Accessible

**SVDP St. John Paul II Food Pantry St. John Paul II Parish**

697 Central Avenue

Pawtucket, RI 02861

Phone Number: (401) 335-3894

Service: Pantry

Hours/Comments: Open on Tuesdays from 10:00am-11:00am for 02861 residents only. Use entrance of the left side of the church

**Blackstone Valley Emergency Food Center**

75 Benefit Street

Pawtucket, RI 02861

Phone Number: (401) 724-7170

Service: Pantry

Hours/Comments: Open on Mondays, Wednesdays, and Fridays from 9:00am-11:30am and Thursdays from 4:00pm-6:30pm (working families/individuals only) closed on the 1<sup>st</sup> week of each month. Available for Pawtucket, Central Falls, Lincoln and Cumberland residents; handicapped accessible

**Peace Dale**

Johnnycake of Peace Dale Food Pantry

1183B Kingstown Road  
Peace Dale, RI 02879  
Phone Number: (401) 284-0303

Service: Pantry

Hours/Comments: Open on Tuesdays from 1:00pm-4:30pm, Wednesdays and Thursdays from 9:30am-4:30pm, Fridays 9:30am-12:00pm & Saturdays 9:30am-2:30pm. Closed on Mondays. Clients may come in once a month. Handicapped Accessible.

## **Providence**

John Hope Settlement House Pantry

7 Thomas Whitten Way

Providence, RI 02903

Phone Number: (401)421-6993

Service: Pantry

Hours / Comments: Wed 9 AM - 10:30 AM (except on Holidays);

Handicapped Accessible.

Our Lady of the Rosary Pantry

17 Traverse Street

Providence, RI 02903

Phone Number: (401)453-0174

Service: Pantry

Hours / Comments: Last Wed. 6:30-8:00pm & last Sat. 9-11:00am (Sat. is the USDA distribution for registered clients); not open holidays; pantry is to right of church.

PICA Meal Site

134 Mathewson Street

Providence, RI 02903

Phone Number: (401)331-8900

Service: Meal Site

Hours / Comments: Friday 4:45-6:00; open to all

St. Edward Food & Wellness Center

1001 Branch Avenue

Providence, RI 02904

Phone Number: (401)621-3827

Service: Pantry

Hours / Comments: Wed 10-2 and 5-7 (serves North End of Providence & 02904 & 02908 zips in North Providence)

SVDP St. Raymond Church

1240 North Main Street

Providence, RI 02904

Phone Number: (401)351-4224

Service: Pantry

Hours / Comments: Sat 9:00am-11:00am; Handicapped Accessible.

Ephese SDA Church

857 Eddy Street

Providence, RI 02905

Phone Number: (401)941-0998

Service: Pantry

Hours / Comments: Wed. 10-12 pm and emergency

Project Outreach

1520 Broad Street

Providence, RI 02905

Phone Number: (401)941-2212

Service: Pantry

Hours / Comments: Wed. from 8:30am-11:30am *02905 only*. Thurs. 8:30-11:30a.m *02907 & emergencies (Open Table of Christ UMC)*.

Central Congregational Church

Camp Street Ministries Food Pantry, 190 1/2 Camp Street

Providence, RI 02906

Phone Number: (401)421-5474

Service: Pantry

Hours / Comments: Breadline Plus; Tuesdays-Fridays 11:00am-1:00pm.

Serves to anyone from any area. Full food pantry on Saturdays from

10:00am-12:30pm for 02906 residents. Handicapped Accessible

Community Food Share First Unitarian Church

1 Benevolent Street

Providence, RI 02906

Phone Number: (401)457-7149

Service: Pantry

Hours / Comments: 3rd Monday 2:30-5:30 (corner of Benefit and Benevolent); Handicapped Accessible.

Epiphany Soup Kitchen at St. Stephen's Church

114 George Street

Providence, RI 02906

Phone Number: (401)421-6702

Service: Meal Site

Hours / Comments: Sat. 3:30-4:30 pm; Handicapped Accessible.

Amos House Meal Site

460 Pine Street

Providence, RI 02907

Phone Number: (401)272-0220

Service: Meal Site

Hours / Comments: M-F 7-8am & 11am-12:30pm, Sat 11am-12:30pm (closed 1st Saturday of the month); Handicapped Accessible.

Assumption of the BVM Church

791 Potters Avenue

Providence, RI 02907

Phone Number: (401)941-1248

Service: Pantry

Hours / Comments: 1st & 3rd Wed & Thurs 10:30-11:45am & and for emergencies.

Community Action Partnership of Providence Elmwood Pantry

85 Atlantic Avenue

Providence, RI 02907

Phone Number: (401)654-4971

Service: Pantry

Hours / Comments: Tuesdays 1:30pm-3:00pm & Wed 10 AM - 2 PM for seniors in the 02907 area; Handicapped Accessible.

Interfaith Food Ministry

95 Hathaway Ctr #61

Providence, RI 02907

Phone Number: (401)461-1773

Service: Pantry

Hours / Comments: Sat. 10-12 pm (S. Elmwood only)

JSA - Louis and Goldie Chester Full Plate Kosher Pantry

100 Niantic Avenue

Providence, RI 02907

Phone Number: (401)621-5374

Service: Pantry

Hours / Comments: Tues. & Fri. 10am - 2pm (located @ Age Well RI). Pantry is for clients who require kosher diets; Handicapped Accessible.

McAuley House

622 Elmwood Avenue

Providence, RI 02907

Phone Number: (401)941-9013

Service: Meal Site

Hours / Comments: M-F 8am-9:30am (Breakfast) and 11:15am-1pm (Lunch); Handicapped Accessible.

Federal Hill House Pantry

35 Swiss Street

Providence, RI 02909

Phone Number: (401) 421-4722

Service: Pantry

Hours/Comments: Open Mondays-Fridays 10:00am-12:00pm & 1:30pm-4:00pm. Clients may come 2x a month. Enter through the back of the building, lower level, middle door. Handicapped Accessible

Maranatha Food Pantry of Church of God

1040 Atwells Avenue

Providence, RI 02909

Phone Number: (401) 521-4860

Service: Pantry

Hours/Comments: Open every Friday 10:00am-12:00pm for 02909 and 02908 residents. Handicapped Accessible using front ramp; ask staff for assistance

Maranatha Meal of Church of God

1040 Atwells Avenue

Providence, RI 02909

Phone Number: (401) 521-4860

Service: Meal Site

Hours/Comments: Sunday lunch 1:30pm-2:30pm and Friday Brunch for 02908 & 02909 food pantry guests 10:00am-11:00am; Handicapped Accessible

Olneyville Food Center

261 Manton Avenue

Providence, RI 02909

Phone Number: (401) 714-0057

Service: Pantry

Hours/Comments: Mondays and Wednesdays 10:00am-4:00pm; Tuesdays and Thursdays 10:00am-2:00pm. On Fridays, Seniors only 10:00am-2:00pm. Serves 02909 & 02908 residents only. Handicapped Accessible. Guests may visit the pantry 2x a month

Silver Lake Community Center

529 Plainfield Street

Providence, RI 02909

Phone Number: (401) 944-8300

Service: Pantry

Hours/Comments: Open on Mondays, Tuesdays, Thursdays and Fridays from 9:00am-5:00pm (closed 1:00pm-2:00pm); Wednesdays 11:00am-1:00pm. Silver Lake area only; Handicapped Accessible

St. Thomas Church

65 Fruit Hill Avenue

Providence, RI 02909



Phone Number: (401) 272-7118

Service: Pantry

Hours/Comments: Open on Tuesdays 9:30am-11:30am; enter on the left side of the rectory

Providence Assembly of God Meal Site

353 Elmwood Avenue

Providence, RI 02907

Phone Number: (401)461-7210

Service: Meal Site

Hours / Comments: Wed 7:00 pm - 8:30pm

Providence Assembly of God Pantry

353 Elmwood Avenue

Providence, RI 02907

Phone Number: (401)461-7210

Service: Pantry

Hours / Comments: 2nd & 4th Fridays, 11-1:00.

Providence Spanish SDA Church

131 Elmwood Avenue\*

Providence, RI 02907

Phone Number: (401)588-0983

Service: Pantry

Hours / Comments: Second week of March thru Dec. open 2nd and 4th Wed of the month 5:30-7 pm; Handicapped Accessible.

Salvation Army Providence Corps' Food Pantry

386 Broad Street

Providence, RI 02907

Phone Number: (401)831-1119

Service: Pantry

Hours / Comments: Mondays and Tuesdays 9:30am-12pm & Thursdays 12:00pm-3:00pm; Handicapped Accessible.

Salvation Army Providence Corps' Meal Site

386 Broad Street

Providence, RI 02907

Phone Number: (401)831-1119

Service: Meal Site

Hours / Comments: Sundays 4:30-5:30 PM; Handicapped Accessible.

South Providence Neighborhood Ministries

747 Broad Street

Providence, RI 02907

Phone Number: (401)461-7509

Service: Pantry

Hours / Comments: Mon 10-12, Tue 11-1 & 4-6, Wed & Thurs 11-1, Fri 10-12:30. Bread/produce is available on Tuesdays and Fridays. (Calvary Baptist Church); Handicapped Accessible.

St. Charles Borromeo Meal Site

178 Dexter Street

Providence, RI 02907

Phone Number: (401)273-1108

Service: Meal Site

Hours / Comments: Thursdays 4:30- 5:30pm; Handicapped Accessible.

St. Charles Borromeo Pantry

178 Dexter Street

Providence, RI 02907

Phone Number: (401)273-1108

Service: Pantry

Hours / Comments: Tues.10-12pm; Fri 9:30 - 11:30am (Sept. - Dec., Tues. only, no Fridays.); Handicapped Accessible.

West End Community Center Pantry

109 Bucklin Street

Providence, RI 02907

Phone Number: (401)781-4242

Service: Pantry

Hours / Comments: Mon, Tue, Wed, Fri 9am-12pm; Tue & Wed 2pm-4:30pm. *Closed 1st week of the month. West End Residents only; Handicapped Accessible.*

Church of God Shalom

145 Chad Brown Street  
Providence, RI 02908  
Phone Number: (401) 421-5112  
Service: Pantry  
Hours / Comments: Sat 11AM-12:30PM; Handicapped Accessible.

Gateway Healthcare Capital City Community Center  
Rudolph Tavares Community Center, 263 Chad Brown Street  
Providence, RI 02908  
Phone Number: (401)455-3890  
Service: Pantry  
Hours / Comments: Monday and Wednesday from 9:00 am - 2:00 pm.  
Clients can come 1x/month. Produce Only Days: Wed at 9:30 am; clients  
can get produce weekly. Use Rear Door off parking lot; Handicapped  
Accessible.

Gospel Tabernacle Outreach Meal Site  
145 Oakland Avenue  
Providence, RI 02908  
Phone Number: (401)454-0988  
Service: Meal Site  
Hours / Comments: 2<sup>nd</sup> and 4<sup>th</sup> Mondays of the Month from 5:00pm-6:00pm

Gospel Tabernacle Outreach Pantry  
145 Oakland Avenue  
Providence, RI 02908  
Phone Number: (401)454-0988  
Service: Pantry  
Hours / Comments: 2<sup>nd</sup> & 4<sup>th</sup> Monday of the month from 6:00-7:00pm

Love Divine Pantry  
Cherubim & Seraphim Church, 28 Candace Street  
Providence, RI 02908  
Phone Number: (401)454-4700  
Service: Pantry  
Hours / Comments: Every third Saturday 12-2 PM; Handicapped  
Accessible.

PICA Food Cupboard

15 Hayes Street

Providence, RI 02908

Phone Number: (401)454-7422

Service: Pantry

Hours / Comments: Mon 12-4 PM; Tue-Fri 9 AM-1 PM; serves all of Providence

St. Patrick Church Mary House Meal Kitchen

244 Smith Street

Providence, RI 02908

Phone Number: (401)274-6286

Service: Meal Site

Hours / Comments: Mondays 3:30-5:15 PM; Handicapped Accessible

St. Peter & St. Andrew Food Pantry

70 Pemberton Street

Providence, RI 02908

Phone Number: (401)272-9649

Service: Pantry

Hours / Comments: Hours are every 2nd and 4th Saturday of each month from 1-2pm beginning on October 10, 2015. Handicapped Accessible.

Church of the Master Meal Site

15 Valley Street

Providence, RI 02909

Phone Number: (401)861-5568

Service: Meal Site

Hours / Comments: Saturdays: doors open at 7 AM and meal served from 9-10 AM (closed mid-June through mid-Sept.); Handicapped Accessible (ramp in back of bldg.)

SVDP St. Anthony's Church

549 Plainfield Street

Providence, RI 02909

Phone Number: (401)943-2300

Service: Pantry

Hours / Comments: T W F 10-11, Serve each family once monthly

## **Riverside**

Good Neighbors Meal Site

55 Turner Avenue

Riverside, RI 02915

Phone Number: (401) 433-0045

Service: Meal Site

Hours/Comments: Available Mondays-Fridays 8:00am-9:30am & 11:30am-12:00pm sharp for lunch; parking/entrance is on Dorr Avenue in back of the building

Good Neighbors Pantry

55 Turner Avenue

Riverside, RI 02915

Phone Number: (401) 433-0045

Service: Pantry

Hours/Comments: Open Wednesdays 8:00am-11:00am & 12:00pm-1:00pm; parking/entrance is on Dorr Avenue in the back of the building

## **Rumford**

Bread of Life Food Pantry

100 Newman Avenue

Rumford, RI 02916

Phone Number: (401) 434-4742

Service: Pantry

Hours/Comments: Located at the Newman Congregational Church. Open on the 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of the Month from 5:00pm-7:00pm. Clients may come once a month; Handicapped Accessible

## **South Kingstown**

New Life Assembly of God

251 Post Road

South Kingstown, RI 02879

Phone Number: (401) 575-3521

Service: Pantry

Hours/Comments: Open on the 2<sup>nd</sup> Wednesday of the month from 12:00pm-1:00pm & the 4<sup>th</sup> Wednesday of the month from 5:30-6:30pm; call first, pantry is behind church, Handicapped Accessible

## **Tiverton**

East Bay Community Action Program Tiverton Pantry

1048 Stafford Road

Tiverton, RI 02878

Phone Number: (401) 625-5134

Service: Pantry

Hours/Comments: Open on Tuesdays 9:00am-2:00pm and Wednesdays 9:00am-6:30pm; also available by appointment. Handicapped Accessible

## **Warren**

St. Mary of the Bay

645 Main Street

Warren, RI 02885

Phone Number: (401) 245-7000

Service: Pantry

Hours/Comments: Open on Tuesdays from 3:00-6:00pm & Wednesdays from 9:00-1:00pm; serves the East Bay and all other areas; entrance is on the left side of the building. Handicapped Accessible

## **Warwick**

Westbay CAP Market Place

211 Buttonwoods Avenue

Warwick, RI 02886

Phone Number: (401)732-4660

Service: Pantry

Hours / Comments: M-F 9:00-4:30 PM, West Warwick, Warwick and E. Greenwich; Handicapped Accessible.

Cornerstone Church Food Pantry

1990 Elmwood Avenue

Warwick, RI 02888

Phone Number: (401)781-6121

Service: Pantry

Hours / Comments: 1st & 3rd Saturday 9-11:00 am and 2nd Monday 6-8:00 pm per month; Handicapped Accessible.

St. Rita Church Pantry  
722 Oakland Beach Avenue  
Warwick, RI 02889  
Phone Number: (401)738-1800  
Service: Pantry  
Hours / Comments: M and W 10-12; Oakland Beach area ONLY;  
Emergencies as needed; Handicapped Accessible.

### **West Greenwich**

Faith Fellowship Food Pantry  
260 Victory Highway  
West Greenwich, RI 02817  
Phone Number: (401) 397-3383  
Service: Pantry  
Hours/Comments: Open on the 2<sup>nd</sup> Tuesday from 5:30pm-7:00pm (for West Greenwich residents only) & 3<sup>rd</sup> Wednesday from 5:30-7:00pm, and 3<sup>rd</sup> Saturday from 9:00am-11:00am

### **West Warwick**

West Warwick Senior Center Meal Site  
145 Washington Street  
West Warwick, RI 02893  
Phone Number: (401)822-4450  
Service: Meal Site  
Hours / Comments: M-F 12-1pm, Seniors & Disabled only; Handicapped Accessible.

West Warwick Senior Center Pantry  
145 Washington Street  
West Warwick, RI 02893  
Phone Number: (401)822-4450  
Service: Pantry  
Hours / Comments: M-F 8:30-4:00pm; Handicapped Accessible.

SVDP St. Anthony Soup Kitchen  
10 Sunset Avenue  
West Warwick, RI 02893

Phone Number: (401)821-8342

Service: Meal Site

Hours / Comments: Monday 10:00am -1:00pm; Handicapped Accessible.

SVDP St. John & James Soup Kitchen

17 St. John Street

West Warwick, RI 02893

Phone Number: (401)821-7661

Service: Meal Site

Hours / Comments: Thurs. 11:30-1:00 lunch; Handicapped Accessible.

SVDP West Bay Meal Site

145 Washington Street

West Warwick, RI 02893

Phone Number: (401) 822-4450

Service: Meal Site

Hours / Comments: Sat. 11am - 12pm; Handicapped Accessible.

West Warwick Assistance Agency

1293 Main Street

West Warwick, RI 02893

Phone Number: (401) 828-0310

Service: Pantry

Hours / Comments: M W F 10am - 2pm; Handicapped Accessible.

### **Westerly**

SVDP Immaculate Conception

111 High Street

Westerly, RI 02894

Phone Number: (401) 596-2130

Service: Pantry

Hours/Comments: Open on Mondays, Wednesdays and Thursdays from 10:00am-12:00pm; clients can come in 1 time a month; Handicapped Accessible

WARM Shelter Meal Site Program

54 Spruce Street



Westerly, RI 02891

Phone Number: (401) 596-9276

Service: Meal Site

Hours/Comments: Every day; lunch 12:00pm-1:00pm and dinner 5:30-6:30pm; Handicapped Accessible

Jonnycake of Westerly Food Pantry

23 Industrial Drive

Westerly, RI 02891

Phone Number: (401) 377-8069

Service: Pantry

Hours/Comments: Open Mondays 12:00pm-3:00pm, Tuesdays-Saturdays 9:00am-12:00pm & Thursdays 3:00pm-6:00pm; Handicapped Accessible

### **Woonsocket**

All Saints Church Feed My Sheep Meal Site

323 Rathbun Street

Woonsocket, RI 02895

Phone Number: (401)762-1100

Service: Meal Site

Hours / Comments: Tue 4:30-5:30 PM, Closed the first two wks of the month -Handicapped Accessible.

All Saints Church Pantry

323 Rathbun Street

Woonsocket, RI 02895

Phone Number: (401)762-1100

Service: Pantry

Hours / Comments: 2nd, 3rd and 4th Weds of the month 10:00-11:45am.

Clients may come in once a month. Pantry is in basement of church;

Handicapped Accessible. CSFP Box distribution is on the 1<sup>st</sup> Friday of the month from 9:30-11:00am

Connecting for Children and Families, Inc.

37 Center Street

Woonsocket, RI 02895

Phone Number: (401)766-3384

Service: Pantry

Hours / Comments: Tuesday, 9-12:00 & emergencies as needed. (Hope Street Family Center).

Our Lady, Queen of Martyrs Church

1409 Park Avenue

Woonsocket, RI 02895

Phone Number: (401)762-5117

Service: Pantry

Hours / Comments: Tue and Thu 1:30-2:30, w/referral from Community Care Alliance, backdoor of rectory; Handicapped Accessible.

St. Agatha's Church

34 Joffre Avenue

Woonsocket, RI 02895

Phone Number: (401)767-2950

Service: Pantry

Hours/Comments: Open on the 1<sup>st</sup> and 3<sup>rd</sup> Friday of the month from 10:00am-11:30am. Call first (Helping Hands Program); Handicapped Accessible

St. James Episcopal Church

24 Hamlet Avenue

Woonsocket, RI 02895

Phone Number: (401)762-2222

Service: Pantry

Hours / Comments: M & W 3-4:00 pm w/referral from Community Care Alliance or other agencies in surrounding RI and MA. (Pantry located in rear)

St. Joseph Cupboard

1200 Mendon Road

Woonsocket, RI 02895

Phone Number: (401)766-0626

Service: Pantry

Hours / Comments: Fridays 5:30- 6:00 pm - call Community Care Alliance first; Handicapped Accessible.

SVDP Bryan's Pantry

190 North Main Street  
Woonsocket, RI 02895  
Phone Number: (401)766-3088

Service: Pantry

Hours / Comments: Tickets are distributed on Thursdays 10 am-11:00 am  
@ St. Charles Church (side entrance on Daniels Street); Handicapped  
Accessible.

### **Seekonk, Massachusetts**

Seekonk Portuguese SDA Church

781 Newman Avenue

Seekonk, Massachusetts 02771

Phone Number: (508) 761-9181

Service: Pantry

Hours/Comments: Open on every 3<sup>rd</sup> Wednesday of the month from 6:30-  
7:30pm

### **South Attleboro, Massachusetts**

South Attleboro Assembly of God

1052 Newport Avenue

South Attleboro, Massachusetts 02703

Phone Number: (508) 761-7334

Service: Pantry

Hours/Comments: Open on the 4<sup>th</sup> Saturday of the month from 9:30am-  
10:00am; Handicapped Accessible

SVDP St. Theresa Food Pantry

18 Baltic Street

South Attleboro, Massachusetts,02703

Phone Number: (508) 761-5579

Service: Pantry

Hours/Comments: Open on Wednesdays from 9:30-10:30am for South  
Attleboro residents only; Handicapped Accessible

Please click for full list of [RI Food Bank Emergency Food Providers](#)