

APPENDIX: RESOURCE DOCUMENTS

Behavioral Change Theories

[Frieden, T. \(2010\) A Framework for Public Health Action: The Health Impact Pyramid, American Journal of Public Health, vol. 100\(4\), 590-596.](#)

[McLeroy, K., Bibeau, D., Stickler, A., & Glanz, K. \(1988\). An ecological perspective on health promotion programs. Health Education Quarterly, 15, 351-377.](#)

[National Cancer Institute. \(2005\). Theory at a Glance: A Guide for Health Promotion Practice 2nd Edition, p. 45.](#)

Risk and Protective Factors for Behavioral Health

[Risk and Protective Factors for Mental, Emotional and Behavioral Disorders across the Life Cycle from National Research Council and Institute of Medicine. \(2009\).](#)

Evidence-Based Programming

[Practice Guidelines: Core Elements for Responding to Mental Health Crises. \(2009\). HHS Pub. No. SMA-09-4427. Rockville, MD: Center for Mental Health Services, Substance Abuse and Mental Health Services Administration.](#)

[Preventing Mental, Emotional, and Behavioral Disorders among Young People: Progress and Possibilities. Washington, DC: The National Academies Press.](#)

[Risk and Protective Factors for Mental, Emotional and Behavioral Disorders across the Life Cycle from National Research Council and Institute of Medicine. \(2009\).](#)

Promising Practices

[Substance Abuse and Mental Health Services Administration. \(2014\). Trauma-Informed Care in Behavioral Health Services. Treatment Improvement Protocol \(TIP\) Series 57. HHS Publication No. \(SMA\) 13-4801. Rockville, MD: Substance Abuse and Mental Health Services Administration.](#)